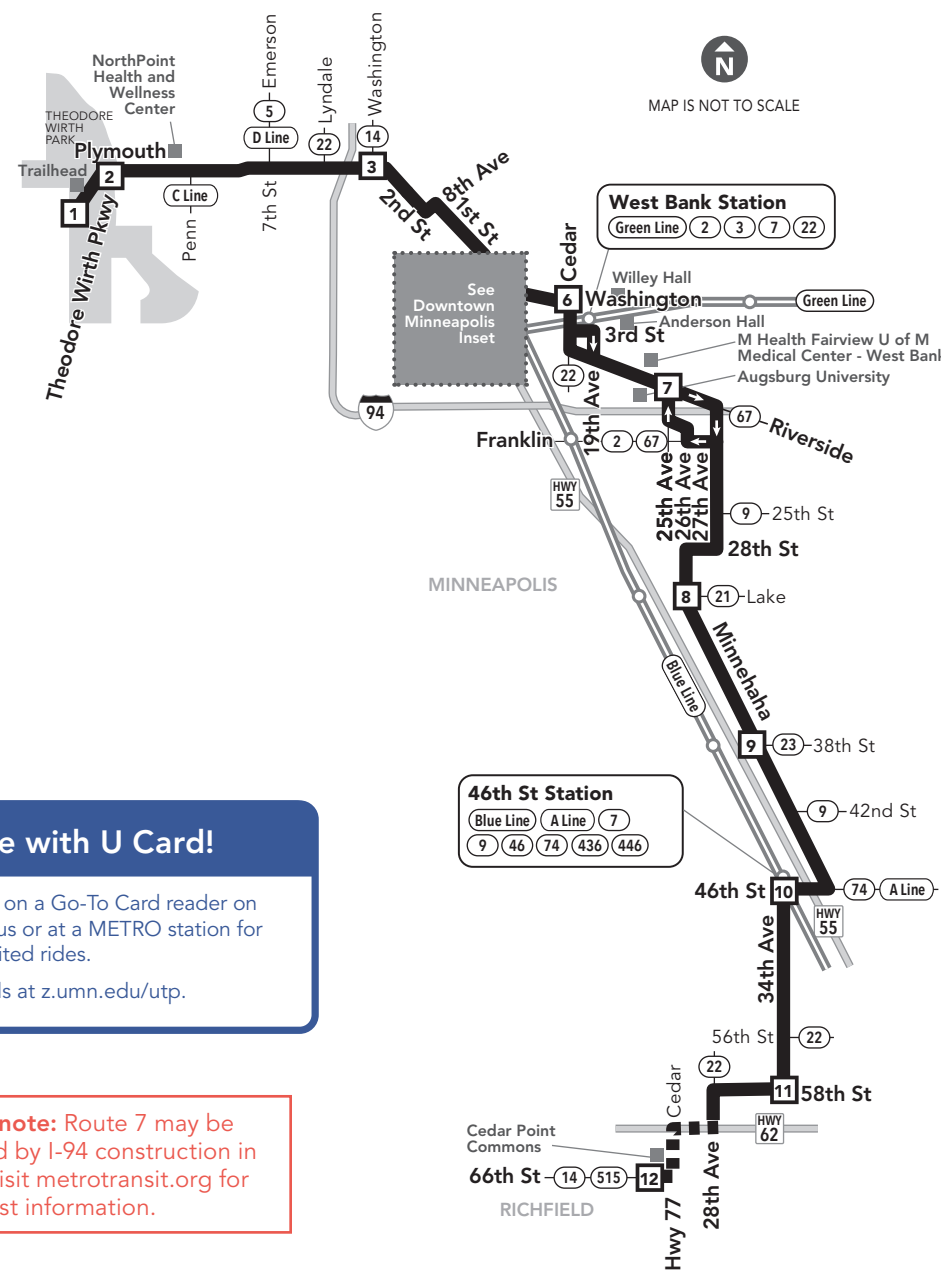


Effective 3/22/2025

## LOCAL BUS ROUTE

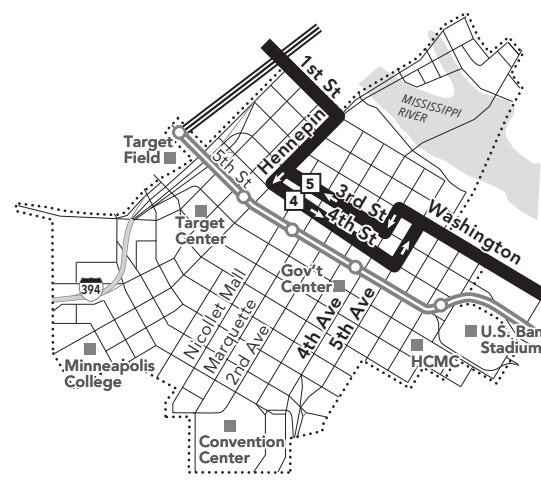
### MAJOR DESTINATIONS:

- North Minneapolis**
  - Theodore Wirth Park
  - Plymouth Ave
  - North Loop Neighborhood
- Downtown Minneapolis**
- South Minneapolis**
  - West Bank Station
  - Cedar-Riverside Neighborhood
  - 27th Ave
  - Minnehaha Ave
  - 46th St Station
  - 34th Ave
- Richfield**
  - Cedar Point Commons



### Minneapolis Downtown Zone

Ride in the Downtown Zone for 50c



**Save with U Card!**  
Tap it on a Go-To Card reader on the bus or at a METRO station for unlimited rides.  
Details at [z.umn.edu/utp](http://z.umn.edu/utp).

**Please note:** Route 7 may be affected by I-94 construction in 2025. Visit [metrotransit.org](http://metrotransit.org) for the latest information.



612-373-3333 • [metrotransit.org](http://metrotransit.org)

### Reading a schedule: a step-by-step guide

- Find the schedule for the **day** of the week and the **direction** you plan to travel.
- Look at the map and find the **timepoints** nearest your trip start and end points. Your stop may be between timepoints.
- Read down the column to see what **time** a bus will depart from a given timepoint. Read across a row to see when the bus will reach another timepoint. If the time is blank, that trip does not serve that timepoint.

**Not all stops are shown on this timetable.**

Use the timepoints on the map and the schedule to estimate the arrival of your bus. For details, call Transit Information or explore our interactive map and trip planning tools at [metrotransit.org](http://metrotransit.org).

**Trip Planner**

To:

From:

[metrotransit.org](http://metrotransit.org)

### How to Ride

#### BUSES

- Arrive 5 minutes before the schedule or NexTrip says your trip will depart.
- Watch for your bus number.
- Pay your fare as you board, except for Pay Exit routes.
- Pull the cord above the window about 1 block before your stop to signal the driver.

#### METRO LINES

- Arrive 5 minutes before the schedule or NexTrip says your trip will depart.
- Pay **BEFORE** you board—touch your card to a reader on the platform or buy a ticket from the machine.
- Push the blue button to open doors (trains only).
- METRO LRT lines stop at every station. METRO BRT lines stop at stations on demand and when customers are present.

#### MAKING CONNECTIONS

Transfer between buses and METRO lines for up to 2½ hours with your fare.

**Those who try to ride without paying may be subject to a fine.**

### Monday — Friday

#### NORTHBOUND

from Richfield and south Minneapolis to north Minneapolis via downtown Minneapolis

route number & letter	Downtown Minneapolis										
	12	11	10	9	8	7	6	5	4	3	1
<b>AM</b>											
7	5:11	5:15	5:22	5:28	5:32	5:39	5:44	5:52	6:00	6:08	6:17
7	5:47	5:51	5:58	6:04	6:08	6:15	6:21	—	6:30	6:38	6:47
7	6:13	6:17	6:24	6:31	6:36	6:44	6:51	—	7:00	7:08	7:17
7	6:42	6:46	6:53	7:01	7:06	7:14	7:21	—	7:30	7:38	7:47
7	7:12	7:16	7:23	7:31	7:36	7:44	7:51	—	8:00	8:08	8:17
7	7:42	7:46	7:53	8:01	8:06	8:14	8:21	—	8:30	8:38	8:47
7	8:12	8:16	8:23	8:31	8:36	8:44	8:51	—	9:00	9:08	9:17
7	8:43	8:47	8:54	9:02	9:07	9:15	9:22	—	9:30	9:38	9:47
7	9:14	9:18	9:25	9:32	9:37	9:45	9:52	—	10:00	10:08	10:17
7	9:44	9:48	9:55	10:02	10:07	10:15	10:22	—	10:30	10:38	10:47
7	10:15	10:19	10:26	10:33	10:38	10:46	10:53	—	11:00	11:08	11:18
7	10:45	10:49	10:56	11:03	11:08	11:16	11:23	—	11:30	11:38	11:48
7	11:15	11:19	11:26	11:33	11:38	11:46	11:53	—	12:00	12:08	12:18
7	11:45	11:49	11:56	12:03	12:08	12:16	12:23	—	12:30	12:38	12:48
<b>PM</b>											
7	12:15	12:19	12:26	12:33	12:38	12:46	12:53	—	1:00	1:08	1:18
7	12:45	12:49	12:56	1:03	1:08	1:16	1:23	—	1:30	1:38	1:48
7	1:14	1:18	1:25	1:32	1:37	1:46	1:53	—	2:00	2:08	2:18
7	1:44	1:48	1:55	2:02	2:07	2:16	2:23	—	2:30	2:38	2:48
7	2:13	2:17	2:24	2:31	2:36	2:45	2:52	—	3:00	3:08	3:19
7	2:42	2:46	2:53	3:00	3:05	3:14	3:21	—	3:30	3:38	3:49
7	3:10	3:14	3:21	3:28	3:33	3:42	3:50	—	4:00	4:09	4:20
7	3:39	3:43	3:50	3:58	4:03	4:12	4:20	—	4:30	4:39	4:50
7	4:09	4:13	4:20	4:28	4:33	4:42	4:50	—	5:00	5:09	5:20
7	4:39	4:43	4:50	4:58	5:03	5:12	5:20	—	5:30	5:39	5:50
7	5:10	5:14	5:21	5:29	5:34	5:43	5:51	—	6:00	6:09	6:19
7	5:41	5:45	5:52	6:00	6:05	6:14	6:22	—	6:30	6:39	6:49
7	6:13	6:17	6:24	6:32	6:37	6:46	6:53	—	7:00	7:09	7:18
7	6:45	6:49	6:56	7:04	7:08	7:17	7:23	—	7:30	7:38	7:47
7	7:15	7:19	7:26	7:34	7:38	7:47	7:53	—	8:00	8:08	8:17
7	7:48	7:52	7:59	8:06	8:10	8:19	8:24	—	8:30	8:38	8:47
7	8:18	8:22	8:29	8:36	8:40	8:49	8:54	—	9:00	9:08	9:17
7	8:51	8:55	9:01	9:08	9:12	9:20	9:25	—	9:30	9:38	9:47
7	9:21	9:25	9:31	9:38	9:42	9:50	9:55	—	10:00	10:08	10:17
7	9:52	9:56	10:02	10:08	10:12	10:20	10:25	—	10:30	10:38	10:47
7	10:22	10:26	10:32	10:38	10:42	10:50	10:55	—	11:00	11:10	11:27

### Monday — Friday

#### SOUTHBOUND

from north Minneapolis to south Minneapolis and Richfield via downtown Minneapolis

route number & letter	Downtown Minneapolis										
	2	3	4	6	8	9	10	11	12		
<b>AM</b>											
7	4:43	4:50	4:57	5:05	5:13	5:19	5:26	5:30	5:37	5:43	5:46
7	5:43	5:50	5:57	6:05	6:13	6:19	6:27	6:31	6:38	6:44	6:47
7	6:32	6:40	—	6:48	6:56	7:03	7:12	7:16	7:23	7:30	7:34
7	7:02	7:10	—	7:18	7:26	7:33	7:42	7:46	7:53	8:00	8:04
7	7:31	7:39	—	7:48	7:56	8:03	8:12	8:16	8:23	8:30	8:34
7	8:01	8:09	—	8:18	8:26	8:33	8:42	8:46	8:53	9:00	9:04
7	8:32	8:40	—	8:48	8:56	9:03	9:11	9:15	9:22	9:29	9:33
7	9:02	9:10	—	9:18	9:26	9:33	9:41	9:45	9:52	9:59	10:03
7	9:32	9:40	—	9:48	9:56	10:03	10:11	10:16	10:23	10:30	10:34
7	10:02	10:10	—	10:18	10:26	10:33	10:41	10:46	10:53	11:00	11:04
7	10:32	10:40	—	10:48	10:56	11:03	11:11	11:16	11:23	11:30	11:34
7	11:02	11:10	—	11:18	11:26	11:33	11:41	11:46	11:53	12:00	12:04
7	11:32	11:40	—	11:48	11:56	12:03	12:11	12:16	12:23	12:30	12:34
<b>PM</b>											
7	12:02	12:10	—	12:18	12:26	12:33	12:41	12:46	12:53	1:00	1:04
7	12:32	12:40	—	12:48	12:56	1:03	1:11	1:16	1:23	1:30	1:34
7	1:02	1:10	—	1:18	1:26	1:33	1:41	1:46	1:53	2:00	2:04
7	1:32	1:40	—	1:48	1:57	2:04	2:12	2:17	2:24	2:31	2:35
7	2:09	2:17	—	2:25	2:34	2:41	2:49	2:54	3:01	3:08	3:12
7	2:39	2:47	—	2:55	3:04	3:12	3:21	3:26	3:33	3:40	3:44
7	3:09	3:17	—	3:25	3:34	3:42	3:51	3:56	4:03	4:10	4:14
7	3:39	3:47	—	3:55	4:04	4:12	4:21	4:26	4:33	4:40	4:44
7	4:08	4:16	—	4:25	4:34	4:42	4:51	4:56	5:03	5:10	5:14
7	4:37	4:46	—	4:55	5:04	5:13	5:22	5:27	5:34	5:41	5:45
7	5:07	5:16	—	5:25	5:34	5:43	5:52	5:57	6:04	6:11	6:15
7	5:38	5:47	—	5:55	6:04	6:12	6:20	6:25	6:32	6:39	6:43
7	6:08	6:17	—	6:25	6:34	6:42	6:50	6:55	7:02	7:09	7:13
7	6:40	6:48	—	6:55	7:04	7:11	7:19	7:24	7:31	7:38	7:42
7	7:10	7:18	—	7:25	7:34	7:41	7:49	7:54	8:01	8:08	8:12
7	7:40	7:48	—	7:55	8:03	8:09	8:17	8:21	8:28	8:34	8:38
7	8:10	8:18	—	8:25	8:33	8:39	8:47	8:51	8:58	9:04	9:08
7	8:41	8:48	—	8:55	9:03	9:09	9:16	9:20	9:27	9:33	9:37
7	9:11	9:18	—	9:25	9:33	9:39	9:46	9:50	9:57	10:03	10:07
7	9:41	9:48	—	9:55	10:03	10:09	10:16	10:20	10:27	10:33	10:37
7	10:11	10:18	—	10:25	10:33	10:39	10:46	10:50	10:57	11:03	11:06
7	10:49	10:56	11:03	11:10	11:18	11:24	11:31	11:35	11:42	11:48	11:51

### Go-To Card Retail Locations

A refillable Go-To Card is the most convenient way to travel by transit! Buy a Go-To Card or add value to an existing card at one of these locations or online.

- MINNEAPOLIS**
  - Cub Foods: 4601 Snelling Ave
  - Cub Foods: 2850 26th Ave S
  - Metro Transit Service Center: 719 Marquette Ave
  - Seward Community Co-Op - Franklin Store: 2823 Franklin Ave E

### Metromicro

This route travels through one of Metro micro's service areas.

Metro micro is transit with a twist – using minibuses, we pair the comfort and convenience of a private ride with an efficient, affordable shared ride. We'll come to you and drop you anywhere inside the same service area! See [metrotransit.org/micro](http://metrotransit.org/micro) for details.

### Metro Transit Mobile App

Now you can plan your trip, see arrival information for bus and trains and buy transit tickets all on the go!

Download the free app on Google Play or App Store.

All buses and trains have bike racks so you can bring your bicycle along.

Look for instructions on the rack. Lockers are also available for rent. Details at [metrotransit.org/bike](http://metrotransit.org/bike).

**Saturday**

**NORTHBOUND** from Richfield and south Minneapolis to north Minneapolis via downtown Minneapolis

route number & letter	12	11	10	9	8	7	6	5	4	3	1
66th St and Cedar Point Commons											
58th St and 34th Ave											
46th St Station											
Minnelaha Ave and 38th St											
Minnelaha Ave and Lake St											
Riverside Ave and 25th Ave											
Cedar Ave and Washington Ave											
ARRIVE 3rd St and Nicollet Mall											
DEPART 4th St and Nicollet Mall											
3rd St and Washington Ave											
Phonoth Ave and Traphed at Theodore With Park											
AM											
7	5:15	5:19	5:26	5:32	5:36	5:42	5:47	5:53	6:03	6:10	6:19
7	6:17	6:21	6:28	6:34	6:38	6:44	6:49	6:55	7:03	7:10	7:19
7	7:17	7:21	7:28	7:34	7:38	7:44	7:49	-	7:55	8:02	8:11
7	8:15	8:19	8:26	8:33	8:37	8:44	8:49	-	8:55	9:02	9:11
7	9:14	9:18	9:25	9:32	9:37	9:44	9:49	-	9:55	10:02	10:11
7	10:13	10:17	10:24	10:31	10:36	10:43	10:48	-	10:55	11:02	11:11
7	11:13	11:17	11:24	11:31	11:36	11:43	11:48	-	11:55	12:02	12:11
PM											
7	12:13	12:17	12:24	12:31	12:36	12:43	12:48	-	12:55	1:02	1:11
7	1:13	1:17	1:24	1:31	1:36	1:43	1:48	-	1:55	2:02	2:11
7	2:13	2:17	2:24	2:31	2:36	2:43	2:48	-	2:55	3:02	3:11
7	3:13	3:17	3:24	3:31	3:36	3:43	3:48	-	3:55	4:02	4:11
7	4:13	4:17	4:24	4:31	4:36	4:43	4:48	-	4:55	5:02	5:11
7	5:13	5:17	5:24	5:31	5:36	5:43	5:48	-	5:55	6:02	6:11
7	6:13	6:17	6:24	6:31	6:36	6:43	6:48	-	6:55	7:02	7:11
7	7:14	7:18	7:25	7:32	7:37	7:44	7:49	-	7:55	8:02	8:11
7	8:18	8:22	8:28	8:34	8:38	8:44	8:49	-	8:55	9:02	9:11
7	9:19	9:23	9:29	9:35	9:39	9:45	9:50	-	9:55	10:02	10:11
7	10:24	10:28	10:34	10:40	10:44	10:50	10:55	11:00	11:10	11:17	11:26

**Saturday**

**SOUTHBOUND** from north Minneapolis to south Minneapolis and Richfield via downtown Minneapolis

route number & letter	2	3	4	6	7	8	9	10	11	12	
Phonoth Ave and Theodore With Park											
Plymouth Ave and Washington Ave											
ARRIVE 4th St and Nicollet Mall											
DEPART 4th St and Nicollet Mall											
Washington Ave and Cedar Ave											
Riverside Ave and 25th Ave											
Minnelaha Ave and Lake St											
Minnelaha Ave and 38th St											
46th St Station											
34th Ave and 38th St											
66th St and Cedar Point Commons											
AM											
7	5:41	5:48	5:55	6:03	6:10	6:15	6:22	6:26	6:33	6:39	6:42
7	6:34	6:41	-	6:48	6:55	7:00	7:07	7:11	7:18	7:24	7:28
7	7:34	7:41	-	7:48	7:55	8:00	8:07	8:11	8:18	8:25	8:29
7	8:34	8:41	-	8:48	8:55	9:00	9:07	9:11	9:18	9:25	9:29
7	9:33	9:41	-	9:48	9:55	10:01	10:08	10:12	10:19	10:27	10:31
7	10:33	10:41	-	10:48	10:55	11:01	11:08	11:12	11:19	11:27	11:31
7	11:33	11:41	-	11:48	11:55	12:01	12:08	12:12	12:19	12:27	12:31
PM											
7	12:33	12:41	-	12:48	12:55	1:01	1:08	1:12	1:19	1:27	1:31
7	1:33	1:41	-	1:48	1:55	2:01	2:08	2:12	2:19	2:27	2:31
7	2:33	2:41	-	2:48	2:55	3:01	3:08	3:12	3:19	3:27	3:31
7	3:33	3:41	-	3:48	3:55	4:01	4:08	4:12	4:19	4:27	4:31
7	4:33	4:41	-	4:48	4:55	5:01	5:08	5:12	5:19	5:27	5:31
7	5:33	5:41	-	5:48	5:55	6:01	6:08	6:12	6:19	6:27	6:31
7	6:33	6:41	-	6:48	6:55	7:01	7:08	7:12	7:19	7:26	7:30
7	7:34	7:41	-	7:48	7:55	8:01	8:08	8:12	8:19	8:25	8:29
7	8:34	8:41	-	8:48	8:55	9:00	9:07	9:11	9:18	9:24	9:28
7	9:34	9:41	-	9:48	9:55	10:00	10:07	10:11	10:18	10:24	10:27
7	10:53	11:00	11:07	11:10	11:17	11:22	11:29	11:33	11:40	11:46	11:49

**Sunday & Holiday**

**NORTHBOUND** from Richfield and south Minneapolis to north Minneapolis via downtown Minneapolis

route number & letter	12	11	10	9	8	7	6	5	4	3	1
66th St and Cedar Point Commons											
58th St and 34th Ave											
46th St Station											
Minnelaha Ave and 38th St											
Minnelaha Ave and Lake St											
Riverside Ave and 25th Ave											
Cedar Ave and Washington Ave											
ARRIVE 3rd St and Nicollet Mall											
DEPART 4th St and Nicollet Mall											
3rd St and Washington Ave											
Phonoth Ave and Traphed at Theodore With Park											
AM											
7	6:19	6:23	6:33	6:39	6:43	6:49	6:54	7:00	7:03	7:10	7:19
7	7:17	7:21	7:28	7:34	7:38	7:44	7:49	7:55	8:03	8:10	8:19
7	8:16	8:20	8:27	8:33	8:37	8:44	8:49	-	8:55	9:02	9:11
7	9:14	9:18	9:25	9:32	9:37	9:44	9:49	-	9:55	10:02	10:11
7	10:13	10:17	10:24	10:31	10:36	10:43	10:48	-	10:55	11:02	11:11
7	11:13	11:17	11:24	11:31	11:36	11:43	11:48	-	11:55	12:02	12:11
PM											
7	12:13	12:17	12:24	12:31	12:36	12:43	12:48	-	12:55	1:02	1:11
7	1:13	1:17	1:24	1:31	1:36	1:43	1:48	-	1:55	2:02	2:11
7	2:13	2:17	2:24	2:31	2:36	2:43	2:48	-	2:55	3:02	3:11
7	3:13	3:17	3:24	3:31	3:36	3:43	3:48	-	3:55	4:02	4:11
7	4:13	4:17	4:24	4:31	4:36	4:43	4:48	-	4:55	5:02	5:11
7	5:13	5:17	5:24	5:31	5:36	5:43	5:48	-	5:55	6:02	6:11
7	6:14	6:18	6:25	6:32	6:37	6:44	6:49	-	6:55	7:02	7:11
7	7:14	7:18	7:25	7:32	7:37	7:44	7:49	-	7:55	8:02	8:11
7	8:19	8:23	8:29	8:35	8:39	8:45	8:50	-	8:55	9:02	9:11
7	9:19	9:23	9:29	9:35	9:39	9:45	9:50	-	9:55	10:02	10:11
7	10:24	10:28	10:34	10:40	10:44	10:50	10:55	11:00	11:10	11:17	11:26

**Sunday & Holiday**

**SOUTHBOUND** from north Minneapolis to south Minneapolis and Richfield via downtown Minneapolis

route number & letter	2	3	4	6	7	8	9	10	11	12	
Phonoth Ave and Theodore With Park											
Plymouth Ave and Washington Ave											
ARRIVE 4th St and Nicollet Mall											
DEPART 4th St and Nicollet Mall											
Washington Ave and Cedar Ave											
Riverside Ave and 25th Ave											
Minnelaha Ave and Lake St											
Minnelaha Ave and 38th St											
46th St Station											
34th Ave and 38th St											
66th St and Cedar Point Commons											
AM											
7	6:39	6:46	6:53	7:03	7:09	7:14	7:21	7:25	7:32	7:38	7:41
7	7:39	7:46	7:53	8:02	8:08	8:13	8:20	8:24	8:31	8:38	8:41
7	8:34	8:41	-	8:48	8:54	8:59	9:06	9:10	9:17	9:24	9:27
7	9:33	9:41	-	9:48	9:54	10:00	10:07	10:11	10:18	10:26	10:30
7	10:33	10:41	-	10:48	10:54	11:00	11:07	11:11	11:18	11:26	11:30
7	11:33	11:41	-	11:48	11:54	12:00	12:07	12:11	12:18	12:26	12:30
PM											
7	12:33	12:41	-	12:48	12:54	1:00	1:07	1:11	1:18	1:26	1:30
7	1:33	1:41	-	1:48	1:54	2:00	2:07	2:11	2:18	2:26	2:30
7	2:33	2:41	-	2:48	2:54	3:00	3:07	3:11	3:18	3:26	3:30
7	3:33	3:41	-	3:48	3:54	4:00	4:07	4:11	4:18	4:26	4:30
7	4:33	4:41	-	4:48	4:54	5:00	5:07	5:11	5:18	5:26	5:30
7	5:33	5:41	-	5:48	5:54	6:00	6:07	6:11	6:18	6:26	6:30</